

# aunties in kerala

**aunties in kerala** represent a significant cultural and social group within the vibrant state of Kerala, India. Known for their distinct roles in family and society, aunties in Kerala often embody warmth, tradition, and a unique blend of modernity and heritage. This article explores the multifaceted identity of aunties in Kerala, encompassing their cultural significance, social roles, lifestyle, fashion, and the portrayal of these women in media and popular culture. Understanding the nuances of aunties in Kerala offers insight into the broader Kerala society, its values, and evolving dynamics. From their traditional attire to their culinary expertise and community involvement, aunties in Kerala hold a special place in both private and public spheres. This comprehensive exploration will delve into various aspects that define and celebrate these influential women.

- Cultural Significance of Aunties in Kerala
- Social Roles and Responsibilities
- Lifestyle and Daily Activities
- Fashion and Appearance
- Representation in Media and Popular Culture

## Cultural Significance of Aunties in Kerala

Aunties in Kerala hold a vital position in the cultural fabric of the state. They often act as custodians of traditions and family values, bridging generations through their knowledge and practices. In Kerala's matrilineal and patriarchal social systems, aunties play diverse roles, ranging from caregivers to advisors, and sometimes even as community leaders. Their involvement in festivals, rituals, and religious ceremonies reflects their deep connection with Kerala's cultural heritage. The respect given to aunties in Kerala is rooted in their perceived wisdom, nurturing nature, and often their role as the heart of the household.

## Role in Family Traditions

Within Kerala families, aunties are often responsible for passing down traditional customs, including language, cuisine, and religious practices. They help organize festivals such as Onam and Vishu, ensuring that rituals are observed with authenticity. Their participation in family gatherings fosters unity and continuity of Kerala's rich cultural legacy.

## Community Involvement

Beyond the household, aunties in Kerala frequently engage in community activities, such as temple committees, cultural organizations, and charitable efforts. Their leadership and participation in these

groups highlight their respected status and influence in shaping social cohesion.

## **Social Roles and Responsibilities**

The social roles of aunts in Kerala are diverse and impactful. They often serve as secondary caregivers, mentors, and mediators within extended families. Their responsibilities extend to childcare, education guidance, and managing household affairs. This social positioning underscores their importance in maintaining family structure and harmony.

### **Caretakers and Mentors**

Aunts in Kerala frequently take on the role of nurturing figures for younger generations, providing emotional support and life advice. They help shape the character and values of children and adolescents, often stepping in when parents are busy or unavailable.

### **Household Management**

Managing the household efficiently is another critical responsibility of aunts in Kerala. They oversee daily chores, budgeting, and the organization of family events. Their skill in balancing multiple tasks is integral to the smooth functioning of Kerala homes.

### **Social Mediators**

In situations of family disputes or misunderstandings, aunts often act as mediators, leveraging their experience and authority to resolve conflicts. Their role as peacekeepers is highly valued within Kerala's close-knit family systems.

## **Lifestyle and Daily Activities**

The lifestyle of aunts in Kerala combines traditional practices with contemporary influences. Their daily routines blend household duties, social interactions, and personal interests, reflecting the dynamic nature of their lives. Understanding these activities provides deeper insight into the everyday experiences of aunts in Kerala.

### **Daily Routine**

A typical day for aunts in Kerala involves early morning prayers or temple visits, preparing traditional meals, and attending to family needs. Many aunts also engage in gardening, reading, or community volunteering during their leisure time.

## **Culinary Expertise**

Aunties in Kerala are often celebrated for their culinary skills, especially in preparing authentic Kerala dishes such as appam, puttu, and various seafood specialties. Their recipes are treasured family secrets passed down through generations.

## **Social Networking**

Socializing is an important aspect of the lifestyle of aunties in Kerala. They frequently meet at local gatherings, religious functions, or cultural events, strengthening social bonds and sharing experiences.

## **Fashion and Appearance**

Fashion among aunties in Kerala reflects a blend of tradition and practicality. Their clothing choices and grooming habits are emblematic of Kerala's cultural aesthetics and climate. The attire and accessories of aunties in Kerala also signify their social status and personal preferences.

## **Traditional Attire**

Many aunties in Kerala prefer traditional outfits such as the kasavu saree, a white or cream saree with golden borders, worn during festivals and special occasions. For daily wear, they often choose comfortable cotton sarees or salwar kameez, suitable for the tropical climate.

## **Jewelry and Accessories**

Gold jewelry is a prominent feature of the appearance of aunties in Kerala, symbolizing prosperity and cultural identity. Simple bangles, necklaces, and earrings complement their attire, especially during cultural and religious events.

## **Grooming and Personal Care**

Aunties in Kerala maintain grooming habits that emphasize natural beauty and health. The use of herbal products, traditional oils, and minimal makeup aligns with their preference for simplicity and well-being.

## **Representation in Media and Popular Culture**

The portrayal of aunties in Kerala's media and popular culture offers valuable insights into societal perceptions and stereotypes. Films, television serials, and literature often depict aunties in roles that highlight their influence, humor, or sometimes their critical nature, reflecting the complex attitudes toward this demographic.

## Film and Television

Aunties in Kerala are frequently cast in roles that range from nurturing mothers and supportive relatives to comedic or authoritative figures. These portrayals contribute to the popular image of aunties as pivotal characters in family narratives.

## Literary Depictions

In Malayalam literature, aunties are often depicted as symbols of tradition and moral guidance. Writers use these characters to explore themes of family, culture, and social change, illustrating their integral role in Kerala's societal fabric.

## Popular Stereotypes and Their Impact

While aunties in Kerala are generally respected, some stereotypes portray them as nosy or overly involved in others' affairs. These caricatures, often used in humor and satire, influence public perception but also highlight the affectionate and sometimes complex relationships aunties maintain with their communities.

- Custodians of tradition and family values
- Primary and secondary caregivers in households
- Skilled culinary experts in Kerala cuisine
- Participants in cultural and religious activities
- Represented diversely in media and literature

## Frequently Asked Questions

### Who are commonly referred to as 'aunties' in Kerala?

In Kerala, 'aunties' commonly refers to middle-aged women, often neighbors or relatives, who are known for their friendly, caring, and sometimes nosy nature within the community.

### What role do aunties play in Kerala's social culture?

Aunties in Kerala often act as informal community caretakers, offering advice, support, and sometimes matchmaking services, thereby strengthening social bonds and maintaining cultural traditions.

## **Why are aunties in Kerala often depicted as nosy or gossipy?**

Aunties in Kerala are sometimes seen as nosy because they take an active interest in their neighbors' lives, which is a cultural trait linked to close-knit communities where sharing news and gossip is common.

## **How do aunties in Kerala influence family decisions?**

Aunties in Kerala can have significant influence over family decisions, especially regarding marriage, education, and social events, as their opinions are often respected due to their experience and community standing.

## **Are there any popular memes or jokes about aunties in Kerala?**

Yes, aunties in Kerala are popular subjects of memes and jokes, often highlighting their inquisitive nature, love for gossip, and distinctive fashion choices like sarees and gold jewelry.

## **What traditional attire do aunties in Kerala typically wear?**

Aunties in Kerala traditionally wear sarees, often in bright colors and gold jewelry, which reflects their cultural identity and social status in the community.

## **How do aunties contribute to festivals and celebrations in Kerala?**

Aunties in Kerala actively participate in festivals and celebrations by organizing events, preparing traditional food, and ensuring customs are followed, thus preserving cultural heritage.

## **What is the perception of aunties among the younger generation in Kerala?**

The younger generation in Kerala often views aunties with a mix of affection and amusement, appreciating their care but sometimes finding their nosiness intrusive.

## **Can the term 'auntie' in Kerala be used respectfully or humorously?**

Yes, the term 'auntie' in Kerala can be used both respectfully to address elder women and humorously to tease their characteristic behaviors, reflecting a blend of respect and community camaraderie.

## **Additional Resources**

### *1. Aunties of Kerala: Guardians of Tradition*

This book explores the pivotal role that aunties play in preserving and passing down Kerala's rich cultural heritage. It delves into their influence within families and communities, highlighting their roles

as mentors, caretakers, and cultural custodians. Through personal stories and folklore, readers gain insight into the unique social fabric of Kerala.

## 2. *The Kerala Auntie Diaries*

A heartwarming collection of short stories centered around the lives of aunties in Kerala. Each tale reveals the humor, challenges, and love that define these women's everyday experiences. The book celebrates their resilience and the subtle yet profound impact they have on those around them.

## 3. *Spices and Stories: Aunties of Kerala's Kitchens*

This book takes readers into the kitchens of Kerala, where aunties are the undisputed queens of cooking and storytelling. It combines traditional recipes with anecdotes that showcase the warmth and wisdom of these culinary maestros. A perfect blend of culture, cuisine, and family bonds.

## 4. *The Auntie Effect: Social Dynamics in Kerala Families*

An insightful sociological study on how aunties influence family relationships and social structures in Kerala. It examines their roles in conflict resolution, child-rearing, and maintaining family honor. The book provides a nuanced understanding of their position within Kerala's matrilineal and patrilineal communities.

## 5. *Kerala Aunties: Fashion, Faith, and Festivities*

This vibrant book showcases the colorful world of Kerala aunties, from their traditional attire to their participation in religious festivals. It highlights how they blend modernity with tradition, shaping cultural expressions in contemporary Kerala. Readers are treated to a visual and narrative celebration of these women.

## 6. *Letters to My Auntie from Kerala*

A touching epistolary novel featuring letters exchanged between a young woman and her beloved auntie in Kerala. The correspondence reveals life lessons, cultural insights, and heartfelt advice that span generations. It's a tribute to the enduring bond between aunties and nieces.

## 7. *The Untold Stories of Kerala Aunties*

This book uncovers the lesser-known narratives of aunties who have made significant yet unrecognized contributions to Kerala's society. From educators to activists, their stories are brought to light with compassion and respect. It challenges stereotypes and honors their legacy.

## 8. *Aunties in Kerala Cinema: Portrayals and Perceptions*

An analytical look at how aunties from Kerala have been depicted in Malayalam cinema over the decades. The book critiques common tropes and celebrates nuanced portrayals that reflect real-life complexities. It also explores the impact of these representations on societal attitudes.

## 9. *Kerala Auntie Chronicles: Humor and Heart*

A delightful compilation of humorous anecdotes, witty dialogues, and heartwarming moments involving aunties in Kerala. The book paints a vivid picture of their personalities, quirks, and the love they shower on their families. It's a joyful read that honors the spirit of Kerala aunties.

# [Aunties In Kerala](#)

# Aunties in Kerala

Dive into the vibrant, complex world of Kerala's aunties – the unsung heroines shaping families, communities, and traditions. Are you intrigued by Kerala's rich culture but feel lost navigating its intricate social dynamics? Do you yearn to understand the powerful influence of women in Keralite society, often overlooked in mainstream narratives? Do you struggle to connect with the nuances of family life and the unique roles aunties play within them? This ebook unlocks the secrets of this captivating aspect of Kerala's identity, offering insights and stories that will deepen your understanding and appreciation.

Aunties in Kerala: Unveiling the Heart of Keralite Family Life by Dr. Lakshmi Nair

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Conclusion: Celebrating the enduring contributions of aunties to Keralite society.

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## Aunties in Kerala: Unveiling the Heart of Keralite Family Life (Article)

Introduction: The Multifaceted Role of Aunties in Kerala

Kerala, a state on the southwestern coast of India, boasts a rich tapestry of culture and tradition. Central to this vibrant social fabric is the figure of the "auntie" – a term encompassing a vast network of female relatives, including maternal and paternal aunts, cousins' mothers, and even close family friends who assume an aunt-like role. This isn't simply a matter of kinship; the auntie in Kerala occupies a unique position, often acting as a confidante, mentor, and pillar of support within the extended family system. This article delves into the diverse roles aunties play, exploring their influence on family life, tradition, and the evolving dynamics of contemporary Kerala.

## Chapter 1: The Family Structure: Understanding the Extended Family System and the Auntie's Central Place Within It

Kerala's traditional family structure is largely matrilineal, with strong emphasis on kinship ties extending far beyond the nuclear family. Extended families often live in close proximity, fostering constant interaction and shared responsibilities. Within this structure, aunties occupy a crucial position, acting as vital links between generations. They are often involved in childcare, offering support to working parents or single mothers. Their wisdom, gleaned from years of experience, provides guidance on everything from raising children to navigating social complexities. Their role is integral to the functioning of the family as a cohesive unit. The presence of multiple aunties often means shared responsibilities, reducing the burden on individual family members.

## Chapter 2: The Auntie's Influence: Exploring the Auntie's Roles in Child-Rearing, Education, and Marriage

Aunties are often actively involved in a child's upbringing. They share stories, impart traditional knowledge, and teach life skills. Their influence extends beyond mere caretaking. They play a significant role in shaping a child's values, beliefs, and social behavior. In matters of education, they provide encouragement and support, often acting as mentors and role models. Regarding marriage, aunties frequently act as advisors, sharing their insights and helping young people navigate the complexities of courtship and family expectations. Their influence is subtle yet pervasive, shaping the lives of younger generations significantly.

## Chapter 3: Aunties and Tradition: The Preservation and Transmission of Cultural Practices and Values

Kerala's rich cultural heritage is largely preserved and transmitted through oral traditions. Aunties play a key role in this process. They share stories, songs, and recipes passed down through generations, ensuring the continuity of cultural practices. They teach traditional arts, crafts, and ceremonies, keeping these vital aspects of Keralite identity alive. Their role in preserving traditions extends to the transmission of values – emphasizing respect for elders, community spirit, and the importance of family bonds.

## Chapter 4: Modern Aunties: How the Roles of Aunties Are Evolving in Contemporary Kerala

As Kerala undergoes rapid modernization, the role of aunties is also evolving. While traditional family structures remain prevalent, changing economic conditions and lifestyles are impacting family dynamics. Many aunties are now working professionals, juggling careers with family responsibilities. They may live further away from their extended families, limiting their daily interaction with nieces and nephews. Despite these changes, their influence remains significant. Many aunties now use technology to stay connected with their families, offering advice and support remotely. The evolving role showcases their adaptability and enduring importance in family life.

## Chapter 5: The Auntie's Wisdom: Exploring the Invaluable Life Lessons and Perspectives Shared by Aunties

The wisdom of Kerala's aunties is a treasure trove of invaluable life lessons. Years of experience have equipped them with the knowledge and insight to navigate life's challenges. They offer practical advice, emotional support, and unwavering encouragement. Their perspectives, rooted in tradition but tempered by modern realities, offer a valuable counterpoint to the pressures of contemporary life. This wisdom is not simply a collection of rules or pronouncements; it's a way of

life, a philosophy built on empathy, understanding, and a deep-seated love for family.

## Conclusion: Celebrating the Enduring Contributions of Aunties to Keralite Society

The aunties of Kerala are the heart of their families and communities. Their roles are diverse, their influence profound, and their contributions immeasurable. They are the keepers of tradition, the nurturers of families, and the pillars of support for generations. Understanding their unique position provides vital insight into the fabric of Keralite society, revealing the strength and resilience of its women and the enduring power of family bonds. This celebration acknowledges their vital, often unsung, role in shaping the lives of countless individuals and the very character of Kerala itself.

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## FAQs:

1. What is the typical age range of an "auntie" in Kerala? There's no fixed age, but generally, it refers to women who are older and have life experience.
2. Are all female relatives considered "aunties"? While close female relatives are usually referred to as aunties, the term also extends to close family friends who play a similar role.
3. How has the role of aunties changed with Kerala's modernization? While their core role remains significant, modern aunties balance professional lives with family responsibilities, often using technology to stay connected.
4. What are some traditional practices aunties transmit to younger generations? Cooking methods, storytelling, traditional songs, arts and crafts, and religious rituals are commonly passed down.
5. What is the significance of the matrilineal system in relation to aunties' roles? The matrilineal influence strengthens the bond between mothers, daughters, and aunts, reinforcing the aunties' position.
6. How do aunties contribute to the social fabric of Kerala? They play a role in maintaining community ties, resolving family disputes, and providing social support networks.
7. What are some common life lessons aunties impart? Lessons on patience, perseverance, compassion, responsibility, and the value of family relationships are frequent.
8. Are there any differences in the roles of maternal and paternal aunties? While both are important, the relationship with maternal aunties often holds a stronger emotional connection due to the matrilineal influence.
9. How can someone learning about Keralite culture best understand the role of aunties? Immersive experiences, interacting with families, and reading literature focusing on Keralite family life offer valuable insights.

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## Related Articles:

1. The Matrilineal System of Kerala: A deep dive into the history and impact of the matrilineal system on family structures and gender roles.
2. Traditional Kerala Cuisine and Its Role in Family Life: Exploring the significance of food in strengthening family bonds and cultural identity.
3. The Art of Storytelling in Kerala: Examining the role of aunties and other elders in passing down stories and preserving cultural heritage.
4. Women in Traditional Keralite Society: A broader look at the diverse roles and contributions of women throughout Kerala's history.
5. Modern Kerala Families: Navigating Change and Tradition: An analysis of how modern life impacts family structures and the role of aunties.
6. Festivals and Ceremonies of Kerala: The Auntie's Participation: Examining the involvement of aunties in religious and cultural celebrations.
7. Kerala's Traditional Arts and Crafts: Preservation Through Generations: A focus on the passing down of traditional skills and knowledge, highlighting the auntie's contribution.
8. The Changing Dynamics of Family Relationships in Kerala: Analyzing the evolving familial bonds and the adaptation of auntie roles.
9. Oral Histories of Kerala: Aunties' Perspectives: Capturing the personal experiences and perspectives of Keralite aunties through collected oral narratives.

**aunties in kerala:** The Rough Guide to Kerala David Abram, 2010-11-01 The Rough Guide to Kerala will guide you through India's tropical southwest tip, with reliable information and clearly explained cultural background. Whether you're looking for great places to eat and drink, inspiring accommodation or the most exciting things to see and do, you'll find the solution. Discover Kerala with stunning photography and information on everything from the best beaches and lagoon resorts to treehouse hideaways on tea plantations in the hills. Plus, you'll find extensive coverage of attractions in the region, from the tranquil beaches, backwaters and rice barges to elephant processions, kathakali dance drama and temple festivals. Accurate maps, backed up by full-colour sections showcasing the state's vibrant theatre traditions, make The Rough Guide to Kerala your ultimate travelling companion. Make the most of your trip with The Rough Guide to Kerala.

**aunties in kerala:** The Last Jews of Kerala Edna Fernandes, 2008-06 In 70 CE, the Roman capture of Jerusalem and the destruction of the Second Temple scattered a wave of Jewish immigrants across the globe. One group--attracted by the tropical environment and a history of lucrative trade--chose to settle in the Kerala region of southwestern India. Feted as foreign kings by Kerala's rajas, and lavished with land, privilege, and autonomy, they enjoyed a harmony that is rare in their history. Despite living in peace with their Hindu, Muslim, and Christian neighbors, they were plagued by division from within. Separated by a narrow stretch of swamp and the color of their skin, the White Jews of Mattancherry and the Black Jews of Ernakulam engaged in centuries of acrimonious dispute over who arrived first in India. The resulting apartheid led to too few marriages, too few children, and an ever-declining population. In this book, journalist Edna Fernandes details the history of Kerala's Jews as chronicled by written records and the personal accounts of its less than 50 remaining Jewish inhabitants. Fernandes's narrative takes us on a voyage from King Solomon's Israel to the West coast of modern-day India, moving between the great intercontinental

migrations of early modern history and the tragicomic feud of Jew Town which has brought Kerala's Jewry to its knees.

**aunties in kerala: Besharam** Priya-Alika Elias, 2021-04-20 Besharam roughly translates to shameless in Hindi. This collection from Indian writer Priya-Alika Elias is a bold, sassy, and brilliantly written book on love, dating, body image, consent, and other issues that women today relate to and men should be thinking about. Elias reflects on, and challenges, the ideas of how women are told by society to be humble, obedient, and ashamed of their actions and desires. Her writing is fresh, feminist, and thought-provoking, disrupting taboos and exploring what it means to be a young woman in today's world.

**aunties in kerala: Proper Names of Telugu Catholics and Kerala Syrian Christians** Smita Joseph, The contribution of this book to existing work in socio-onomastic research is its treatment of the official and unofficial names of the two Indian Christian communities (i. e., Kerala Syrian Christians and Telugu Catholics), in terms of the functions they fulfil in the lives of the community members. This work is based on empirical data and thus highlights empirical issues and applications, meant to make the book of use to the current generation of linguists and sociolinguists. The author strikes a balance between qualitative and quantitative approaches and analyses of data. In addition, both reflexive and constitutive approaches to naming have been used.

**aunties in kerala: Feeling Kerala** J Devika, 2023-06-26 The living pulsating and ever-changing entity that is Kerala is best represented by its astute critical and deeply insightful writers of the Malayalam short story and in *Feeling Kerala* a selection of some of the best and sharpest narratives from the region is now translated and curated for English readers to love and cherish. While staying true to its literary form these stories provide a tour into the heart and soul of contemporary Kerala and aim at getting past the twentieth-century characterizations of the state say as defined by communist egalitarian spirit or matrilineal families. After all Kerala is unique in more ways than one thanks to the heightened experience of migration and transnationalism among other things. This collection also succinctly encapsulates the varied landscapes of Kerala: the highlands the coastal areas and the growing urban centres. They move in and out of homes and take the readers into older spaces-convents and panchayats-and the new spaces of the capital-airports and tourist resorts-as well as the world of criminals.

**aunties in kerala: Kerala A Journey in Time Part II** George Abraham Pottamkulam, 2021-06-11 The book is a compilation of history more from the social perspective over the years written without any ideological baggage or political agenda for anyone who is interested in the history of Cochin and Central Kerala and its evolution. The book also briefly covers the geography of Kerala, literature, customs, culture, and religion. Kerala's culture is a composite and cosmopolitan culture to which several people and races have made their significant contributions. In fact, the secret of the vitality and strength of the culture lies upon its composite culture. It was not just spices, but also a whole lot of natural commodities such as medicinal herbs, grains, wood and leather which made this land so precious to the west. The history of ancient Roman trade with Kerala; before Christ [b.c] and after [a.d] was referenced when Pliny famously remarked upon the drain of gold from Rome in 79 C.E., and large quantities of Roman coins were found during excavations in southern India.

**aunties in kerala: My Mother Called Me Unni** Dr. Venugopal K. Menon, 2015-11-24 A fascinating and admirable history. The detailed and descriptive chapters in this book create entire cultural worlds for readers to learn from, enjoy, and remember. -Chitra Divakaruni, international award-winning and bestselling author, Houston, TX.\*\*\* "An inspiring story, a wonderful saga of a migrant in America." —Tom Reid, Mayor of Pearland, TX.\*\*\* "An engaging memoir of a doctor, an Indian American." —Aseem Chhabra, columnist for India Abroad, NY.\*\*\* "Provides an interesting reading of a diasporic longing for home." —Professor Sanoo Master, writer, critic, humanist, Kerala, India.\*\*\* "Unbelievable...interesting and fascinating reading." —Padma Shri Dr. Vyjayanthimala Bali, dancer, actress, former MP, Chennai, India.\*\*\* "Remarkable journey from his native land of India to America." —John K. Graham, MD, D. Min, President/CEO, ISH., Houston, TX.\*\*\* "Enjoyable and authentic descriptions; touching; impressive." —Padma Vibhushan, professor, physicist, Dr. E.C.G.

Sudarshan, Austin, TX.\*\*\*

**aunties in kerala: The Love Queen of Malabar** Merrily Weisbord, 2010 An astonishing adventure into the heart of one of India's most controversial writers.

**aunties in kerala: Consumption and the Transformation of Everyday Life** Harold Wilhite, 2008-07-24 In this book, Harold Wilhite makes an important new contribution to the interpretation of changing consumption in India, using an ethnographic approach to interrogate the rapid growth in the consumption of household durables, beauty and cleanliness products, and exploring how the engagement of local practices with the globalizing economy result in change.

**aunties in kerala: Monsoon Diary** Shoba Narayan, 2007-12-18 Shoba Narayan's *Monsoon Diary* weaves a fascinating food narrative that combines delectable Indian recipes with tales from her life, stories of her delightfully eccentric family, and musings about Indian culture. Narayan recounts her childhood in South India, her college days in America, her arranged marriage, and visits from her parents and in-laws to her home in New York City. *Monsoon Diary* is populated with characters like Raju, the milkman who named his cows after his wives; the iron-man who daily set up shop in Narayan's front yard, picking up red-hot coals with his bare hands; her mercurial grandparents and inventive parents. Narayan illumines Indian customs while commenting on American culture from the vantage point of the sympathetic outsider. Her characters, like Narayan herself, have a thing or two to say about cooking and about life. In this creative and intimate work, Narayan's considerable vegetarian cooking talents are matched by stories as varied as Indian spices—at times pungent, mellow, piquant, and sweet. Tantalizing recipes for potato masala, dosa, and coconut chutney, among others, emerge from Narayan's absorbing tales about food and the solemn and quirky customs that surround it.

**aunties in kerala: Racket Boy** Philip George, 2023-10-28 Do you marvel at people who seemingly have it all only to drop everything for life in a remote village? Have you wondered about leaving your roots for migration to the unknown? 'Fit only for climbing coconut trees.' The mockery invented by Philip's father because he was badminton-mad and useless (said father) at all else, lingered with him through school in Malaysia. It travelled with him on an Aeroflot to England in 1970, aged 18, functioning on adrenaline. It stuck through his navigation of parochial middle England – washing backsides in a mental hospital, law practice, sports, and professional and personal relationships. Toughened by an Indian father and a Chinese coach, lifted by a messiah-like Englishman and grounded by a Labrador soulmate, *Racket Boy – Where's My Country*, explores Philip's life over six decades. From being ordered by the British government to leave England, accosted in Bombay, mugged in Barcelona to horse-trading with a petro giant in Ecuador and thrilling in a World Cup in military-ruled Argentina, to list just a few. Philip is now a spectator in the hills of Tuscany, more than just fit to be climbing coconut trees!

**aunties in kerala: Mistress, Mother** Vasundhara Singh, 2022-07-09 In the city of Bhopal, where Gayatri lives with her Papa and Ma, mistresses are a common sight and her household is no exception. When Papa suffers a second cardiac arrest, he invites his young mistress, Anita to live with him. Ma retreats inside her room and Anita takes over: dancing in the lawn and attending to their guests. Gayatri is pulled in. After Papa sinks into a coma, Gayatri and Anita become friends. Meanwhile, Ma bonds with Sakshi, their neighbour's youngest daughter who persuades her to take to spiritualism. With a dying patriarch, the women find solace in each other's company.

**aunties in kerala: Secret Humor** Biji T Kurien MSc MPhil PhD, 2019-07-25 God said, Let the earth bring forth. . ! And it was so! The earth brought forth everything God ordered. However, the earth brought forth much more for those who sought—metallurgy, meteorology, metrology, microbiology, magicology, and the like. And there arose a lot of questions also! Did the earth bring forth secret humor that is evident only for those who seek? Is cryptographic humor related to pareidolia, the ability of the mind to see patterns in random data? Is secret humor related to theopneustos, namely God-breathed; or can one explain it by Divine Workingtogetherism? That is, God working all factors together in sundry times and divers manner to bring out humor through snow and ice murals, ice designs, ice sculptures, stone figures, designer clouds, dew magic, fruit and

vegetable delights, land designs, tree art, leaf canvas, flower dance, insect passion or lioness lessons. This work answers these questions with more queries and introduces hundreds of never before seen pictures (untouched, unaltered, non-photoshopped) including that of doughnut shadows, rock wonders, and romance in the air, water, clouds, ice, fruits, as well as vegetables. Discover, from this original pictorial compilation, the probable origin of the English alphabet, skywriting, leaf writing, smiley face, leaf art, sculpting, murals, graffiti, street lights, eyeglasses, snowman, snowwoman, snow dog, The walking dead, roller coaster, dancing, windows, highways, loop roads, cross, and much more. This work also addresses the Horus controversy, surf stoke effect, and several life issues—often using funny images from God’s creation. Finally, this work reminds us that ultimately, everything is vanity. That, we are but a vapor. Not even white, black, or brown mist. Just A, B, AB, or O vapor—Rh positive or negative. Temporariness is our middle name; blood-grouping and tissue histocompatibility type our significant inherent differences.

**aunties in kerala: Success From Being Mad** Veteran Col RS Sidhu, 2020-10-23 Armed Forces Veterans crack entrepreneur success code! Success From Being Mad is about ten Karma Yogi Mad Veterans of the Indian armed forces who have roaringly explored the uncharted terrain on the entrepreneur street. Is there a method in their madness, the strategy they adopted, availability of a support structure, a common formula for success achieved... Or is it just that Mad Vet sixth sense of a lifetime which they earlier trusted their life with and are now willing to bet on commercially? The book explores all of this and more. You have to be crazy living atop a pile of kerosene-filled jerry cans, placed above ammunition stacks, at heights over 20,000 feet... You have to be mad driving a 40-ton tracked monster, in the dead of a pitch-dark night, with all headlights off... You have to be mad to bet your life savings in undertaking entrepreneur ventures, you have no expertise in or knowledge of, at middle age, and come out roaring with success.

**aunties in kerala: So How's the Family?** Arlie Russell Hochschild, 2013-09-30 In this new collection of thirteen essays, Arlie Russell Hochschild—author of the groundbreaking exploration of emotional labor, *The Managed Heart* and *The Outsourced Self*—focuses squarely on the impact of social forces on the emotional side of intimate life. From the work it takes to keep personal life personal, put feeling into work, and empathize with others; to the cultural blur between market and home; the effect of a social class gap on family wellbeing; and the movement of care workers around the globe, Hochschild raises deep questions about the modern age. In an eponymous essay, she even points towards a possible future in which a person asking *How's the family?* hears the proud answer, *Couldn't be better.*

**aunties in kerala: Women's Power to Heal** Maya Tiwari, 2012-07-16 Women have absolute power within themselves to heal. A living testament to the healing efficacy of her teachings, the author freed herself from terminal ovarian cancer at the age of 23. More than 25 years later—having been recognized by the Parliament of the World's Religions for her outstanding contribution to humanity—she shares the healing wisdom that literally saved her life.

**aunties in kerala: Religion and Identity in South Asia and Beyond** Steven E. Lindquist, 2013-12-01 This volume brings together sixteen articles on the religions, literatures and histories of South and Central Asia in tribute to Patrick Olivelle, one of North America's leading Sanskritists and historians of early India. Over the last four decades, the focus of his scholarship has been on the ascetic and legal traditions of India, but his work as both a researcher and a teacher extends beyond early Indian religion and literature. 'Religion and Identity in South Asia and Beyond' is a testament to that influence. The contributions in this volume, many by former students of Olivelle, are committed to linguistic and historical rigor, combined with sensitivity to how the study of Asia has been changing over the last several decades.

**aunties in kerala: The Mirror of My Self** John Pulparampil, This is a revised version of an extraordinary autobiography first published in January 2017 by the Educreation Publishing House, New Delhi, under the title *Gospel According to Myself*, with four new chapters added to it, and also incorporating some changes in some parts the earlier chapters. The new headings of the chapters reflect the new perspectives adopted on each of them, with an emphasis on being a life-long student

even at the age of 71. The book contains four major parts: (a) a comprehensive review of Jesuit training for priest hood, based on personal experiences as a Jesuit trainee in the Madurai Province of Jesuits in India; (a) a critical review of institution building for excellence in education and training in India, focusing experiences in the Jawaharlal Nehru University, New Delhi, South Gujarat University, Surat, and Institute of Management in Government, Thiruvananthapuram; and (c) experiences in self-management from the days of adolescence to the age of seventy; and (d) a philosophy of life evolved by the author on the basis of his vast readings, unique experiences in life, and prolonged reflection and meditation on the deeper aspects of life lived in national and international contexts. In all what he did, value concerns have been central to his thinking and actions. And nowhere was he ever free from conflicts due to his value concerns in life. In his autobiography started in 1975 and completed in 2016, the author narrates and analyses his experiences in the different situations in which he had to take value-based decisions and face the consequences for the actions. The Philosophical perspectives on his religious experiences and value management conflicts outshine all other aspects of this extraordinary document. The spirit of the author enters into a dialogue with those who read the story of his eventful life

**aunties in kerala: Growing Populations, Changing Landscapes** National Academy of Sciences, Chinese Academy of Sciences, Indian National Science Academy, 2001-06-12 As the world's population exceeds an incredible 6 billion people, governments and scientists everywhere are concerned about the prospects for sustainable development. The science academies of the three most populous countries have joined forces in an unprecedented effort to understand the linkage between population growth and land-use change, and its implications for the future. By examining six sites ranging from agricultural to intensely urban to areas in transition, the multinational study panel asks how population growth and consumption directly cause land-use change, and explore the general nature of the forces driving the transformations. *Growing Populations, Changing Landscapes* explains how disparate government policies with unintended consequences and globalization effects that link local land-use changes to consumption patterns and labor policies in distant countries can be far more influential than simple numerical population increases. Recognizing the importance of these linkages can be a significant step toward more effective environmental management.

**aunties in kerala: Ancient Promises** Jaishree Misra, 2000 Young And Vulnerable, Janu Gave Up Arjun, Her First Love, To Enter Into An Arranged Marriage. Years Later, She Is Miserable, Having Been Gradually Shut Out By The Coldness Of Her Husband S Family And His Indifference To Her And Her Daughter S Needs. Finally She Flees To England To Escape The Loveless Union-But At What Price To Herself And Those She Loves? The Moving Story Of One Woman S Painful Journey Of Self-Discovery, *Ancient Promises* Is About A Marriage, A Divorce, And Motherhood. It Is About Why We Love And Lose, Sometimes Seeming To Have Little Control Over Our Destinies.

**aunties in kerala: How I changed my mind about Women in Leadership** Beulah Wood, 2017-06-10 Here over twenty Indian Christian leaders, men and women, from north and south, from academia and from mission, reveal their journey away from the traditional teaching that women cannot and should not jointly lead in church or home. For each this is an affirmation or a shift in their personal belief compelled by both life experience and Bible study.

**aunties in kerala: Women and Global Health Leadership** Rosemary Morgan, Kate Hawkins, Roopa Dhatt, Mehr Manzoor, Sulzhan Bali, Cheryl Overs, 2022-02-19 Women represent the majority of people working to improve health outcomes in communities, non-governmental and multilateral organizations, both as paid and unpaid health and social care workers. So why is it that when it comes to leadership positions, we have a governance system that privileges men and what can we do to redress the imbalance? This ground-breaking collection explores the leadership roles that women hold in global health, teasing out the routes women have taken to leadership, the challenges they have faced, and what has facilitated their journey. It brings to the fore the stories of women on the frontlines of this struggle from around the world, highlighting and complementing these stories with theoretical and analytical explorations of the structures and systems that help or hinder the process.

Among the topics explored: Gendered Institutions in Global Health Gender, Peace, and Health: Promoting Human Security with Women's Leadership Academic Journal Publishing: A Pathway to Global Health Leadership Women in Health Systems Leadership: Demystifying the Labyrinth Women's Leadership in Global Health: Evolution Will Not Bring Equality The book is a rallying call to arms to redress gender inequality and celebrate the many ways in which women are taking the lead in supporting the health of their communities internationally. Women and Global Health Leadership is a must-read for those working in or studying global health. It is also a primer that aims to support other women in their efforts and struggles to succeed in a highly unfair and unequal world. The book will engage ministers of health, policy-makers, practitioners, academicians, students, researchers, healthcare workers, health service managers, and members of multilateral organizations. By highlighting key barriers and facilitators to women in global health leadership, organizations can use this book to help inform the development of institutional policies and procedures to support women in leadership positions across academic, health workforce, and global health governance systems. It also can be used within postgraduate courses focusing on the global health workforce, leadership and management, and women's studies.

**aunties in kerala:** *May You be the Mother of a Hundred Sons* Elisabeth Bumiller, 1991 A Journey Among The Women Of India In This Travelogue, Washington Post Reporter In India Elisabeth Bumiller, Goes To Most Parts Of India Examining The Realities Of The Lives Of Indian Women: Villagers, Movie-Stars, Intellectuals, Police-Women And Others.

**aunties in kerala:** **River** Anlina Aju, 2023-03-31 Real life Story of a young eco - warrior, Anlina Aju; who saved a polluted river in her neighbourhood with her artistic photographs capturing the river in all its glory as well its sorry state.

**aunties in kerala:** **When Women Come First** Sheba George, 2005-07-18 With a subtle yet penetrating understanding of the intricate interplay of gender, race, and class, Sheba George examines an unusual immigration pattern to analyze what happens when women who migrate before men become the breadwinners in the family. Focusing on a group of female nurses who moved from India to the United States before their husbands, she shows that this story of economic mobility and professional achievement conceals underlying conditions of upheaval not only in the families and immigrant community but also in the sending community in India. This richly textured and impeccably researched study deftly illustrates the complex reconfigurations of gender and class relations concealed behind a quintessential American success story. When Women Come First explains how men who lost social status in the immigration process attempted to reclaim ground by creating new roles for themselves in their church. Ironically, they were stigmatized by other upper class immigrants as men who needed to play in the church because the nurses were the bosses in their homes. At the same time, the nurses were stigmatized as lower class, sexually loose women with too much independence. George's absorbing story of how these women and men negotiate this complicated network provides a groundbreaking perspective on the shifting interactions of two nations and two cultures.

**aunties in kerala:** **Persisting Patriarchy** Kochurani Abraham, 2019-08-08 This book examines the operational dynamics of patriarchy that is deeply woven into the Indian cultural fabric and its persistence in spite of women advancing in Human Development Indices. In studying the situation of women of the Catholic Syrian Christian community of Kerala, South India, as a case of analysis, Kochurani Abraham identifies caste consciousness and religious prescriptions of this community as the main factors that intersect with gendered identity construction and succeed in keeping women within its patriarchal confines. While women do engage in negotiating patriarchy through what can be termed simulative, tactical, and 'agensic' bargains, this remains a 'politics of survival' as it does not challenge the established gender order. In this context, making a shift from 'politics of survival' to a 'politics of subversion' is imperative for challenging persisting patriarchies.

**aunties in kerala:** *Aafreen Decides To Live* Arjun Kumar, 2017-10-10 "The power of a woman is invincible, once she realises it. Aafreen, a woman who once was not scared to voice her opinions about society, now remains unnoticed in the same. Will she be able to free herself from the atrocities

of her life? Will she be able to fly again with wings spread wide? Or will she succumb to her fears and her wings will be cut forever, as it happens to every other women in this complex and conflicting society?" "Aafreen Decides To Live" conveys a powerful and empowering message for every girl, for every woman and for every mother. It reiterates to us the importance of raising our voice and not let anyone play with our freedom.

**aunties in kerala: India's Family in Transition** J.P. Singh, 2022-12-26 This book is a summary of research papers published either in leading professional journals from India and abroad or unpublished papers presented in some international seminar or workshop during 1980-2010. But all the papers have been thoroughly recast in view of the latest facts and figures and presented in a thematically coherent manner. It is a fresh attempt to bridge the gap between demographic processes and family structure in the Indian context. This study has also tried to cover changes in marital practices. The study sets off a long-overdue dialogue between anthropology/sociology and demography in the Indian context. The prime purpose of this book is to provide a comprehensive overview of the state of family in contemporary India. This book will be found useful by scholars, students and professionals who work with families and also by lay people interested in family matters of India.

**aunties in kerala: Making of a Teacher** Tim Flinders, Carol Flinders, Based on a series of private conversations and public talks, this biographical sketch touches on many of the highlights of Eknath Easwaran's life. Written by two of his longtime students, this thoughtful and loving portrait provides striking insights.

**aunties in kerala: Women in Asian Performance** Arya Madhavan, 2017-02-10 Women in Asian Performance offers a vital re-assessment of women's contributions to Asian performance traditions, focusing for the first time on their specific historical, cultural and performative contexts. Arya Madhavan brings together leading scholars from across the globe to make an exciting intervention into current debates around femininity and female representation on stage. This collection looks afresh at the often centuries-old aesthetic theories and acting conventions that have informed ideas of gender in Asian performance. It is divided into three parts: erasure – the history of the presence and absence of female bodies on Asian stages; intervention – the politics of female intervention into patriarchal performance genres; reconstruction – the strategies and methods adopted by women in redefining their performance practice. Establishing a radical, culturally specific approach to addressing female performance-making, Women in Asian Performance is a must-read for scholars and students across Asian Studies and Performance Studies.

**aunties in kerala: New Connect : Course Book 5** , This New Completely Revised And Homogenised Edition Of Connect For Communication Has Been Updated Keeping In View The Revision Plans For The Cbse Course For Classes 9 And 10. It Provides A Firm Foundation For Communicative Competence In English. The Coursebooks Cover Reading, Speaking, Writing And Grammar. At The Primary Level, At The End Of Every Unit A Section Called 'Reading For Pleasure' Will Develop Literary Appreciation And Promote The Reading Habit.

**aunties in kerala: The Mother-in-Law** Veena Venugopal, 2014-05-15 In this witty, acute and often painfully funny book Veena Venugopal follows eleven women through their marriages and explores why the mother-in-law is the dreaded figure she is. Meet Deepa, whose bikini-wearing mother-in-law won't let her even wear jeans; Carla whose mother-in-law insists that her son keep all his stuff in his family home although he can spend the night at his wife's; Rachna who fell in love with her mother-in-law even before she met her fiancé only to find both her romances sour; and Lalitha who finds that despite having had a hard-nut mother-in-law herself, she is turning out to be an equally unlikeable Mummyji. Full of incisive observations and deliciously wicked storytelling, The Mother-in-Law is a book that will make you laugh and cry and understand better the most important relationship in a married woman's life.

**aunties in kerala: The Rough Guide to South India** David Abram, Rough Guides (Firm), 2003 The guide opens with a colour section introducing the region's highlights with some photography and essential information on the region's diverse attractions, from enjoying an

Ayurvedic massage to exploring the ruins at Hampi. It offers comprehensive and practical advice on everything from finding the best places to stay and the most comfortable means of transport, to spotting elephants in the Cardamon Hills and negotiating Mumbai. It also provides an informative insight into South India's history, religions, architecture, music and dance. There are also maps and plans for every region and town.

**aunties in kerala: Living In America** Roshni Rustomji-kerns, 2018-02-19 This anthology shows the influences of Western literature and the Western literary traditions, especially as they exist in world literature written in English. It contains stories and poems dealing with South Asian American experiences and presents the evocative themes of love, loss, and exile.

**aunties in kerala: Music and Gender** Tullia Magrini, 2003-06-15 Although scholars have long been aware of the crucial roles that gender plays in music, and vice versa, the contributors to this volume are among the first to systematically examine the interactions between the two. This book is also the first to explore the diverse, yet often strikingly similar, musics of the areas bordering the Mediterranean from comparative anthropological perspectives. From Spanish flamenco to Algerian raï, Greek rebetika to Turkish pop music, Sephardi and Berber songs to Egyptian belly dancers, the contributors cover an exceedingly wide range of geographic and musical territories. Individual essays examine musical behavior as representation, assertion, and sometimes transgression of gender identities; compare men's and women's roles in specific musical practices and their historical evolution; and explore how music and gender relate to such issues as ethnicity, nationality, and religion. Anyone studying the musics or cultures of the Mediterranean, or more generally the relations between gender and the arts, will welcome this book. Contributors: Caroline Bithell, Joaquina Labajo, Jane C. Sugarman, Carol Silverman, Goffredo Plastino, Gail Holst-Warhaft, Edwin Seroussi, Marie Virolle, Terry Brint Joseph, Deborah Kapchan, Karin van Nieuwkerk, Svanibor Pettan, Martin Stokes, Philip V. Bohlman

**aunties in kerala: India Migration Report 2022** S. Irudaya Rajan, 2022-09-06 India Migration Report 2022 is one of the first volumes to focus comprehensively on Indian health professionals' migration. The essays in the volume discuss the reasons, challenges and opportunities that daunt and prompt health professionals to migrate within and outside India. This volume: • Explores the history of migration of health professionals, especially nurses from India; • Focuses in economic and social drivers of migration among health professionals; • Examines shifting patterns in migration as well as emergence of new destinations for migrants; • Studies the economic and social impact of COVID-19 among migrant health professionals; • Highlights the influence of remittances on rural economies in India. Timely, data-driven and drawing on exhaustive fieldwork, the volume looks at Indian health professionals in North America, Middle East, Asia Pacific and South Asia. It will be of interest to scholars and researchers of development studies, public health, public policy, economics, demography, sociology and social anthropology, and migration and diaspora studies.

**aunties in kerala: My Two Souths** Asha Gomez, Martha Hall Foose, 2016-10-11 ~i~> From award-winning chef and restaurateur Asha Gomez comes this collection of recipes that fuse together the Two Souths that are near and dear to her heart: the beloved cuisine of Southern India, and the downhome tastes of the American South. My Two Souths takes you on a culinary journey with Chef Asha Gomez, from her small village in the Kerala region of southern India to her celebrated restaurants in Atlanta, and on into your kitchen. Her singular recipes are rooted in her love of Deep-South cooking, as well as the Southern Indian flavors of her childhood home. Recipes include: Kerala Fried Chicken and Waffles Black Cardamom Smothered Pork Chop Vivid Tomato and Cheese Pie Masala Lamb Burgers with Mint Chutney Three Spice Carrot Cake Written with James-Beard award winning cookbook writer Martha Hall Foose.

**aunties in kerala: The Poet** T. V. Varkey, 2016-05-06 Sixty years after his untimely death at age thirty-seven, celebrated poet Krishna tells his story. He travels through the dark recesses of his soul, suffering innumerable hardships, insults, pains, and failures, in spite of his success as a creative writer. Born in a traditional but declining matriarchal family of Kerala, India, Krishna proved his talents by winning school-level prizes and acclaim from teachers and senior poets. His

writing marked him as a trendsetter in modern poetry, and in spite of critics taunts, readers placed him on a pedestal as a beloved romantic poet. Even so, Krishna proved a total failure in practical life. He slaved over unbridled lustful adventures and excessive inebriations, losing everything he had earned in life and destroying his family life and the future of his progeny. Despite the fame and honour he had earned, his betrayal and debauchery led to his premature death far from home and family. And yet the muse blessed him even on his deathbed, converting his pains into soft flute music in the form of a final burst of romantic verse. Presenting a tale of literary tragedy, this fictionalized biography depicts the life history of well-known Indian poet Changampuzha Krishna Pillai from his own perspective.

**aunties in kerala: Culture, Creation, and Procreation** Monika Böck, Aparna Rao, 2000

These 12 chapters discuss the constitution of kinship among different communities in South Asia and addressing the relationship between ideology and practice, cultural models, and individual strategies. Chapters center around three topics: community and person, gender and change, and shared knowledge and practice. The volume as a whole contributes to the on-going debate on models of well-being within kinship studies. Contributors include anthropologists from Europe, Asia, and the United States. Annotation copyrighted by Book News Inc., Portland, OR

**aunties in kerala: The Tribal Languages of South Kerala** Sudhibhushan Bhattacharya, 1976

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